

Physical Education		
Games (Y1/2) Invasion Games (Y3-6)		
Year 1	Year 2	Year 3
<p><u>Key skills</u></p> <ul style="list-style-type: none"> • be able to throw objects towards a target • develop fundamental movement skills, becoming increasingly competent and confident • engage in competitive and cooperative physical activities in a range of increasingly challenging situations. • be able to move to defend an oncoming target • be able to throw a beanbag forwards in an overarm motion 	<p><u>Key skills</u></p> <ul style="list-style-type: none"> • be able to throw and catch a ball with a team member • continue to develop fundamental movement skills, becoming increasingly competent and confident • access a broad range of opportunities to extend their agility, balance and coordination, individually and with others • engage in competitive and cooperative physical activities in a range of increasingly challenging situations. • be able to catch a moving ball • be able to hit a moving ball with a bat 	<p><u>Key skills</u></p> <ul style="list-style-type: none"> • be able to bounce a ball in the direction of a target • continue to develop fundamental movement skills and become increasingly competent and confident • apply and develop a broader range of skills, learning how to use them in different ways • be able to engage in competitive and cooperative physical activities in a range of increasingly challenging situations, and enjoy communicating, • collaborating and competing with each other • start to develop an understanding of how to improve, and learn how to evaluate and recognise their own success. • be able to attempt to attack and defend in a game situation
<p><u>Knowledge</u></p> <ul style="list-style-type: none"> • know and understand the term 'fielder' and the role of a fielder • know and understand how to defend a large area • know and understand the term 'defend' and the role of a defender 	<p><u>Knowledge</u></p> <ul style="list-style-type: none"> • know and understand the term 'bat' and the role of a 'batter' • know and understand the term 'intercept' • know and understand the term 'feed' 	<p><u>Knowledge</u></p> <ul style="list-style-type: none"> • know and understand the term 'dribble' • know and understand the terms 'bouncing' and 'travelling'

Physical Education		
Games (Y1/2) Invasion Games (Y3-6)		
Year 4	Year 5	Year 6
<p><u>Key skills</u></p> <ul style="list-style-type: none"> • be able to choose priority/danger areas that should be defended • continue to apply and develop a broader range of skills, learning how to use them in different ways and linking them to make actions • enjoy communicating, collaborating and competing with each other • start to develop an understanding of how to improve, and learn how to evaluate and recognise their own success. • be able to move to the correct position in order to attempt to score • be able to agree and teach the rules of their new game 	<p><u>Key skills</u></p> <ul style="list-style-type: none"> • be able to pass to players who are in a position to shoot at goal • chances of scoring goals continue to apply and develop a broader range of skills, learning how to use them in different ways • enjoy communicating, collaborating and competing with each other • develop an understanding of how to improve in different physical activities and sports, and learn how to evaluate and recognise their own success. • be able to pass to players who are in a position to shoot at goal • be able to describe an attacking position and a defending position within a game situation • apply and develop a broader range of skills, using them in different ways and linking them to make actions and sequences of movement 	<p><u>Key skills</u></p> <ul style="list-style-type: none"> • be able to attempt to intercept • apply and develop a broader range of skills, using them in different ways and linking them to make actions and sequences of movement • enjoy communicating, collaborating and competing with each other • develop an understanding of how to improve in different physical activities and sports, and learn how to evaluate and recognise their own success. • be able to play a 5-a-side game • be able to identify and stay out of the opposition's safe zone • develop the confidence and interest to get involved in exercise, sports and activities outside school. • be able to attempt to gain possession
<p><u>Knowledge</u></p> <ul style="list-style-type: none"> • know and understand the importance of making a game as safe as possible • know and understand that, in some games, you have to be in a certain position to attempt to score • know and understand that some areas should be defended more carefully within a game 	<p><u>Knowledge</u></p> <ul style="list-style-type: none"> • know and understand positions that help attacking and defending positions within a game • know and understand that players must pass to others to increase the chances of scoring goals • know and understand that players must pass to others to increase the 	<p><u>Knowledge</u></p> <ul style="list-style-type: none"> • know and understand the term 'to gain possession' • know and understand games that are suitable to play in 5-a-side teams • know and understand the purpose of a safe zone • know and understand the term 'intercept'

