

Physical Education		
Games (Y1/2) Invasion Games (Y3-6)		
Year 1	Year 2	Year 3
<p><u>Key skills</u></p> <ul style="list-style-type: none"> <li>• be able to throw objects towards a target</li> <li>• develop fundamental movement skills, becoming increasingly competent and confident</li> <li>• engage in competitive and cooperative physical activities in a range of increasingly challenging situations.</li> <li>• be able to move to defend an oncoming target</li> <li>• be able to throw a beanbag forwards in an overarm motion</li> </ul>	<p><u>Key skills</u></p> <ul style="list-style-type: none"> <li>• be able to throw and catch a ball with a team member</li> <li>• continue to develop fundamental movement skills, becoming increasingly competent and confident</li> <li>• access a broad range of opportunities to extend their agility, balance and coordination, individually and with others</li> <li>• engage in competitive and cooperative physical activities in a range of increasingly challenging situations.</li> <li>• be able to catch a moving ball</li> <li>• be able to hit a moving ball with a bat</li> </ul>	<p><u>Key skills</u></p> <ul style="list-style-type: none"> <li>• be able to bounce a ball in the direction of a target</li> <li>• continue to develop fundamental movement skills and become increasingly competent and confident</li> <li>• apply and develop a broader range of skills, learning how to use them in different ways</li> <li>• be able to engage in competitive and cooperative physical activities in a range of increasingly challenging situations, and enjoy communicating,</li> <li>• collaborating and competing with each other</li> <li>• start to develop an understanding of how to improve, and learn how to evaluate and recognise their own success.</li> <li>• be able to attempt to attack and defend in a game situation</li> </ul>
<p><u>Knowledge</u></p> <ul style="list-style-type: none"> <li>• know and understand the term 'fielder' and the role of a fielder</li> <li>• know and understand how to defend a large area</li> <li>• know and understand the term 'defend' and the role of a defender</li> </ul>	<p><u>Knowledge</u></p> <ul style="list-style-type: none"> <li>• know and understand the term 'bat' and the role of a 'batter'</li> <li>• know and understand the term 'intercept'</li> <li>• know and understand the term 'feed'</li> </ul>	<p><u>Knowledge</u></p> <ul style="list-style-type: none"> <li>• know and understand the term 'dribble'</li> <li>• know and understand the terms 'bouncing' and 'travelling'</li> </ul>

Physical Education		
Games (Y1/2) Invasion Games (Y3-6)		
Year 4	Year 5	Year 6
<p><u>Key skills</u></p> <ul style="list-style-type: none"> <li>• be able to choose priority/danger areas that should be defended</li> <li>• continue to apply and develop a broader range of skills, learning how to use them in different ways and linking them to make actions</li> <li>• enjoy communicating, collaborating and competing with each other</li> <li>• start to develop an understanding of how to improve, and learn how to evaluate and recognise their own success.</li> <li>• be able to move to the correct position in order to attempt to score</li> <li>• be able to agree and teach the rules of their new game</li> </ul>	<p><u>Key skills</u></p> <ul style="list-style-type: none"> <li>• be able to pass to players who are in a position to shoot at goal</li> <li>• chances of scoring goals continue to apply and develop a broader range of skills, learning how to use them in different ways</li> <li>• enjoy communicating, collaborating and competing with each other</li> <li>• develop an understanding of how to improve in different physical activities and sports, and learn how to evaluate and recognise their own success.</li> <li>• be able to pass to players who are in a position to shoot at goal</li> <li>• be able to describe an attacking position and a defending position within a game situation</li> <li>• apply and develop a broader range of skills, using them in different ways and linking them to make actions and sequences of movement</li> </ul>	<p><u>Key skills</u></p> <ul style="list-style-type: none"> <li>• be able to attempt to intercept</li> <li>• apply and develop a broader range of skills, using them in different ways and linking them to make actions and sequences of movement</li> <li>• enjoy communicating, collaborating and competing with each other</li> <li>• develop an understanding of how to improve in different physical activities and sports, and learn how to evaluate and recognise their own success.</li> <li>• be able to play a 5-a-side game</li> <li>• be able to identify and stay out of the opposition's safe zone</li> <li>• develop the confidence and interest to get involved in exercise, sports and activities outside school.</li> <li>• be able to attempt to gain possession</li> </ul>
<p><u>Knowledge</u></p> <ul style="list-style-type: none"> <li>• know and understand the importance of making a game as safe as possible</li> <li>• know and understand that, in some games, you have to be in a certain position to attempt to score</li> <li>• know and understand that some areas should be defended more carefully within a game</li> </ul>	<p><u>Knowledge</u></p> <ul style="list-style-type: none"> <li>• know and understand positions that help attacking and defending positions within a game</li> <li>• know and understand that players must pass to others to increase the chances of scoring goals</li> <li>• know and understand that players must pass to others to increase the</li> </ul>	<p><u>Knowledge</u></p> <ul style="list-style-type: none"> <li>• know and understand the term 'to gain possession'</li> <li>• know and understand games that are suitable to play in 5-a-side teams</li> <li>• know and understand the purpose of a safe zone</li> <li>• know and understand the term 'intercept'</li> </ul>

