

Physical Education		
Net/wall Games		
Year 1	Year 2	Year 3
<u>Key skills</u>	<u>Key skills</u> <ul style="list-style-type: none"> <li>• be able to defend an area</li> <li>• continue to develop fundamental movement skills and become increasingly competent and confident</li> <li>• apply and develop a broader range of skills, learning how to use them in different ways</li> <li>• be able to engage in competitive and cooperative physical activities in a range of increasingly challenging situations, and enjoy communicating, collaborating and competing with each other</li> <li>• be able to throw a ball over a net</li> </ul>	<u>Key skills</u> <ul style="list-style-type: none"> <li>• be able to throw a ball over a net</li> <li>• continue to develop fundamental movement skills and become increasingly competent and confident</li> <li>• apply and develop a broader range of skills, learning how to use them in different ways</li> <li>• be able to engage in competitive and cooperative physical activities in a range of increasingly challenging situations, and enjoy communicating, collaborating and competing with each other</li> <li>• be able to catch the ball before it lands on the target</li> </ul>
<u>Knowledge</u>	<u>Knowledge</u> <ul style="list-style-type: none"> <li>• know and understand how to position themselves to make defending easier</li> <li>• start to develop an understanding of how to improve, and learn how to evaluate and recognise their own success.</li> <li>• know and understand how to throw balls high and at a distance</li> </ul>	<u>Knowledge</u> <ul style="list-style-type: none"> <li>• know and understand how to throw balls high and at a distance</li> <li>• start to develop an understanding of how to improve, and learn how to evaluate and recognise their own success.</li> <li>• know and understand that throws should be different depending on where you want the ball to land</li> </ul>

Physical Education		
Net/ Wall Games		
Year 4	Year 5	Year 6
<p><b><u>Key skills</u></b></p> <ul style="list-style-type: none"> <li>• be able to aim in the direction of a target</li> <li>• continue to develop fundamental movement skills and become increasingly competent and confident</li> <li>• apply and develop a broader range of skills, learning how to use them in different ways</li> <li>• be able to engage in competitive and cooperative physical activities in a range of increasingly challenging situations, and enjoy communicating,</li> <li>• collaborating and competing with each other</li> <li>• be able to teach friends their new game</li> </ul>	<p><b><u>Key skills</u></b></p> <ul style="list-style-type: none"> <li>• be able to anticipate the travel path of a ball</li> <li>• apply and develop a broader range of skills, learning how to use them in different ways</li> <li>• enjoy communicating, collaborating and competing with each other</li> <li>• be able to move quickly and easily around a narrow playing area</li> <li>• be able to use a basic tennis scoring system</li> </ul>	<p><b><u>Key skills</u></b></p> <ul style="list-style-type: none"> <li>• be able to play as part of a pair</li> <li>• be able to use a basic tennis scoring system</li> <li>• be able to describe their scoring system</li> <li>• continue to apply and develop a broader range of skills, learning how to use them in different ways</li> <li>• enjoy communicating, collaborating and competing with each other</li> <li>• become more competent, confident and expert in their techniques, and apply them across different sports and activities</li> <li>• develop the confidence and interest to get involved in exercise, sports and activities outside school.</li> </ul>
<p><b><u>Knowledge</u></b></p> <ul style="list-style-type: none"> <li>• start to develop an understanding of how to improve, and learn how to evaluate and recognise their own success.</li> <li>• know and understand the difference between throwing 'short and low' and 'long and high'</li> <li>• know and understand how to score points in their new game</li> </ul>	<p><b><u>Knowledge</u></b></p> <ul style="list-style-type: none"> <li>• develop an understanding of how to improve in different physical activities and sports, and learn how to evaluate and recognise their own success.</li> <li>• know and understand where best to stand in preparation for receiving a ball</li> <li>• know and understand that it is advantageous to keep the ball inside the playing area</li> <li>• know and understand a basic tennis scoring system</li> </ul>	<p><b><u>Knowledge</u></b></p> <ul style="list-style-type: none"> <li>• know and understand a basic tennis scoring system</li> <li>• develop an understanding of how to improve in different physical activities and sports, and learn how to evaluate and recognise their own success.</li> <li>• know and understand that the ball should only bounce once on the court</li> <li>• know and understand that the aim is to hit the ball so it lands in the opponents' half of the court</li> </ul>

